# WEIGEL WELLNESS CENTER

### **Weigel Health Center**

weigel.buffalostate.edu (https://weigel.buffalostate.edu/) Weigel@buffalostate.edu

(716) 878-6711

The Weigel Health Center provides health and wellness services for all registered students. In addition to diagnosing and treating illness and injury, the professional staff stresses health education and preventive medicine. Students are seen on an appointment basis or a walk-in basis if a clinician is available. There is no charge for most services. Laboratory services are available at Weigel Health Center. Some services may be sent to an outside lab and may result in insurance copays.

#### **Health Promotions**

The Health Promotions program provides the campus community with workshops, training, events, and health promotion campaigns. Topics include bystander intervention, wellness, stress, sexual health, tobacco prevention, and alcohol and other drug abuse prevention. Internship and volunteer opportunities are available to students, and educational resources are available for student research or classroom projects.

#### Immunization Compliance

All students must be in compliance with New York State law regarding immunizations to be able to register for classes. All students born on or after January 1, 1957, are required to submit proof of current requirements for immunization against measles, mumps, and rubella. The health center provides measles, mumps, and rubella immunizations at no charge for students who need vaccinations. New York State Public Law and Buffalo State College also require all students enrolled to complete and return the Meningitis Information Response Form. The meningitis form and the New Student Health Form are available online (https://weigel.buffalostate.edu/ forms/) and are to be returned to the health center. As of fall 2021, all students are required to be fully vaccinated for COVID. If vaccines are provided in NYS, Weigel should be able to retrieve them on the state's immunization systems. Call (716) 878-6711 to verify that Weigel can obtain your vaccine records.

## **Counseling Center**

Weigel Wellness Center, Second Floor (716) 878-4436

counselingcenter.buffalostate.edu (https://counselingcenter.buffalostate.edu/)

The Counseling Center provides free and confidential mental health psychological services to students experiencing adjustment, developmental, or situational emotional difficulties that may interfere with their ability to take advantage of the educational opportunities at Buffalo State. Services include individual counseling, groups, and workshops. The staff includes licensed psychologists, licensed clinical social workers, licensed mental health counselors, and a case manager. Information shared in counseling is confidential and is protected to the full extent of the law.

Nutrition Education Counseling Center Caudell 214 (716) 878-6711

necc.buffalostate.edu (https://necc.buffalostate.edu/)

The Nutrition Education Counseling Center provides free nutrition education and counseling to Buffalo State students.