

ART THERAPY MINOR

Minor Code: ATS

Art and Design Department

Upton Hall 402

(716) 878-6032

artdesign.buffalostate.edu/ (<http://artdesign.buffalostate.edu/>)

About the Program

Art therapy is a mental health profession in which qualified art therapists facilitate client's use of art media, the creative process, and the resulting artwork to explore emotions, resolve conflicts, develop interpersonal skills, manage behaviors, reduce stress, increase self-esteem and self-awareness, and achieve insight. Art therapy is used in individual, group, and family assessment and treatment to improve and enhance the physical, mental, and emotional well-being of individuals of all ages including children, adolescents, adults, and older adults. Art therapists work in a variety of settings such as hospitals, clinics, public and community agencies, schools, wellness centers and private practice.

A master's degree and extensive post-graduate clinical experience are required for entry-level practice in art therapy. The Buffalo State art therapy minor is designed to introduce students to the profession of art therapy. Those students preparing for graduate study will be advised regarding the prerequisite undergraduate coursework required for admission to graduate art therapy programs approved by the American Art Therapy Association, the national professional organization that maintains the standards for education and training leading to the art therapist clinical credential and board certification.

Admission Requirements

This minor is open to all students who have completed at least one semester of full-time study at Buffalo State and who are in good academic standing (2.00 or better GPA).

Transfer credits: A maximum of 6 transfer credits are accepted toward fulfillment of the minor.

Program Requirements

The Buffalo State art therapy minor requires 21 credits including three core courses in art therapy and four courses in related prerequisite electives. The following curriculum lists the core and their prerequisite courses.

Please note that prerequisite courses are selected as per advisement with the art therapy advisor. Students should seek faculty advisement prior to registration for each semester they are enrolled in the minor. Students planning on graduate

studies in art therapy will be advised to take prerequisite courses that will fulfill graduate entrance requirements.

Other majors—only courses in psychology, exceptional education, and social work may fulfill the prerequisite contingent upon approval of the art therapy minor coordinator. Also note that the minor program of study may contain no more than three courses at the 100 or 200 level.

Code	Title	Credit Hours
Required Core Courses in Art Therapy (9 credit hours)		
ATS 320	INTRODUCTION TO ART AND THERAPY	3
AED 310	ART MEDIA AND METHODS EXPLORATION	3
ATS 325	ART FOR CHILDREN WITH DISABILITIES	3
<i>Prerequisite Courses for ATS 320 (6 credit hours)</i>		
Select two from the following:		6
PSY 101	INTRODUCTION TO PSYCHOLOGY	
PSY 311	PERSONALITY: THEORY AND RESEARCH	
PSY 327	ADULT DEVELOPMENT AND AGING I	
PSY 340	COGNITIVE PSYCHOLOGY	
PSY 355	LIFESPAN DEVELOPMENTAL PSYCHOLOGY	
PSY 356	CHILD DEVELOPMENT	
PSY 357	ADOLESCENT AND YOUNG ADULT DEVELOPMENT	
PSY 388	PSYCHOLOGY OF DEATH AND DYING	
SOC 100	INTRODUCTION TO SOCIOLOGY	
SOC 320	SOCIOLOGY OF THE FAMILY	
SOC 321	THE AFRICAN AMERICAN FAMILY	
SOC 370	SOCIOLOGY OF DEVIANT BEHAVIOR	
SOC 391	SOCIOLOGY OF ADDICTION	
SOC 393	SOCIOLOGY OF MENTAL ILLNESS	
SWK 105	INTERPERSONAL RELATIONS	
SWK 220	INTRODUCTION TO SOCIAL WORK	

SWK 307	HUMAN BEHAVIOR IN THE SOCIAL ENVIRONMENT I
SWK 308	HUMAN BEHAVIOR IN THE SOCIAL ENVIRONMENT II
SWK 335	MENTAL HEALTH AND SOCIAL WORK
SWK 346	CHILD ABUSE AND NEGLECT
SWK 425	SOCIAL WORK WITH FAMILIES

Prerequisite Courses for AED 310 (3 credit hours)

Select one from the following: 3

Note: Art History courses do not satisfy this requirement. The course must be studio-based, hands-on art materials and media. Representative course listing below.

DES 114	WORKSHOP IN CRAFTS
DES 220	CERAMICS I
AAD 101	DRAWING I
FAR 203	MODELING
FAR 210	INTRODUCTORY PAINTING
FAR 240	INTRODUCTORY SCULPTURE

Prerequisite Courses for ATS (3 credit hours)

Select one from the following: 3

EXE 100	NATURE AND NEEDS OF INDIVIDUALS WITH SPECIAL NEEDS
EXE 245	COMMUNITY SERVICE WITH INDIVIDUALS WITH SPECIAL NEEDS
SPF 202	CHILD DEVELOPMENT AND EDUCATION
SPF 311	FAMILY VIOLENCE
SPF 353	HUMAN DEVELOPMENT DURING EARLY ADOLESCENCE AND ADOLESCENCE

Total Credit Hours **21**