

# GERONTOLOGY MINOR

GRN

## Psychology Department

Classroom Building C312  
(716) 878-6215

The Gerontology Minor draws together courses from a number of academic disciplines around the theme of human aging. Students will learn about physical, social, and psychological changes that occur in adulthood; ways of addressing older adults' needs; and how to promote successful aging.

The Gerontology Minor is an interdisciplinary minor. The following academic departments are involved in the minor: Anthropology, Biology, Health and Wellness, Psychology, Social Work, and Sociology. The minor is open to majors from any department and is seen as complementing the training the student receives in his or her major.

### Objectives of the Minor

- Students will acquire a core foundation in the study of aging as an interdisciplinary field.
- Students will have an opportunity to have an individualized experience in the field of aging that is tailored to their unique interests and /or career goals.
- Students will understand the breadth of the field of aging by being able to select from a broader array of elective coursework that reflects the multiple disciplines in the study of gerontology.

### Requirements of the Gerontology Minor

- Minor program requirements may not overlap more than 9 credit hours with a student's major program requirements.
- Students from any major may take the Gerontology Minor.
- Students must have a minimum 2.0 cumulative average for admission into the minor
- A maximum of 3 courses of transfer credit will be permitted.

### Program Requirements

Code	Title	Credit Hours
<b>Required Courses (9 credit hours including prerequisites)</b>		
PSY 327	ADULT DEVELOPMENT AND AGING I (prerequisite: PSY 101) <sup>1</sup>	3
HEW 345	WELLNESS, FITNESS, AND AGING	3

### Electives Selected by Advisement (9-12 credit hours)

Select 9-12 credit hours (including prerequisites) from the following: 9-12

FIN 110	PERSONAL FINANCE
FIN 345	ESTATE PLANNING
HEW 225	INTRODUCTION TO DISEASE PREVENTION
NFS 102	INTRODUCTORY NUTRITION
PSY 388	PSYCHOLOGY OF DEATH AND DYING <sup>1</sup>
PSY 427	ADULT DEVELOPMENT AND AGING II <sup>1</sup>
SLP 220	INTRODUCTION TO COMMUNICATION DISORDERS
SLP 405	COMMUNICATION DISORDERS II <sup>1</sup>
SOC 352	SOCIOLOGY OF AGING <sup>1</sup>
SWK 321	THE ELDERLY AND SOCIAL SERVICES
XXX 488	Internship
or	
XXX 495	Independent Study

**Total Credit Hours** 18-21

<sup>1</sup> Requires prerequisite. Consult adviser and Undergraduate Catalog.