

# COACHING MINOR

Minor Code: COA

## Health, Nutrition and Dietetics Department

Caudell Hall 334

(716) 878-5913

[hnd.buffalostate.edu/](http://hnd.buffalostate.edu/) (<https://hnd.buffalostate.edu/>)

The coaching minor provides students with the knowledge and skills to coach interscholastic teams. Students may focus their interests in one or more sport specialties. Students who successfully complete the coaching minor also fulfill the New York State Coaching Certification requirements and can then apply for State Certification.

## Program Requirements

Code	Title	Credit Hours
------	-------	--------------

### Required Courses (9 credit hours)

HPR 126	PRINCIPLES, PHILOSOPHY AND ORGANIZATION OF ATHLETICS IN EDUCATION	3
HPR/HEW 335 or HEW 310	PREVENTION AND CARE OF ATHLETIC INJURIES HEALTH STANDARDS AND EMERGENCY CARE	3
HPR 309	HEALTH SCIENCES FOR COACHING	3

### Electives in Coaching (6 credit hours)

Select three from the following:		6
HPR 202	TECHNIQUES AND THEORIES OF SOCCER	
HPR 203	THEORIES AND TECHNIQUES OF FOOTBALL	
HPR 205	THEORIES AND TECHNIQUES OF TRACK AND FIELD	
HPR 207	TECHNIQUES AND THEORIES OF BASEBALL/SOFTBALL	
HPR 208	TECHNIQUES AND THEORIES OF SWIMMING	
HPR 209	TECHNIQUES AND THEORIES OF BASKETBALL	

### Optional Courses in Area Related to Coaching (3 credit hours)

Select one from the following:		3
HPR/HEW 301	KINESIOLOGY: APPLIED ANATOMY AND BIOMECHANICS	
HPR 319/ SOC 324	SOCIOLOGY OF SPORT	

PSY 325	SOCIAL BEHAVIOR	
HEW 320	PSYCHOACTIVE DRUGS AND HEALTH	
HEW 425	ALCOHOL PROBLEMS	
BUS 368	SPORTS MANAGEMENT AND MARKETING	
COM 392	PUBLIC RELATIONS IN SPORTS	
<b>Total Credit Hours</b>		<b>18</b>